

*Our Education System needs drastic reforms. The son of the PM and the son of a cart-pusher should be studying at the same institute.*

**Chief Justice Peshawar High Court  
Dost Muhammad Khan**

### Condolences

- Mother of Mrs. Roeeda Kabir, Chancellor, Gandhara University  
Mrs. Roeeda Kabir, Chancellor, Gandhara University
- Father of Mr. Ghulam Noorani, Director Finance
- Father of Dr. Ali Chughtai, Asst. Prof Prosthodontics
- Brother of Dr. Ali Rizwan, Dept. of Oral Diagnosis
- Father of Dr. Ahmed Shah, Oral Pathology
- Son of Dr. Sartaj Khan, Dept. of Prosthodontics
- Father of Mr. Muhammad Jamal, Accounts Department.

May their souls rest in eternal peace with Allah's blessings upon them



**Gandhara University** has been named after the Gandhara civilisation that existed in the same region from early 1st millennium BCE to the 11th century CE and served as a centre of education for students and scholars from all over South Asia and China. Renowned for its thirst for knowledge, innumerable remains of universities (seats for learning) have been found from the Peshawar valley, Potohar region and Kabul Valley.

Drawing its name from the same illustrious civilisation, centuries later life has again been breathed into Gandhara University – a reputable institute of academic excellence, headed by a group of dedicated professionals and academicians, who have mostly headed their respective specialties and departments for 25-30 years in public sector institutions and colleges. Gandhara University is committed to improve the quality of education and produce doctors, pharmacists, nurses and paramedical staff of high calibre to contribute towards the

development of the country.

Prof. Dr. Muhammad Kabir the founder and former Chancellor of Gandhara University was a renowned surgeon belonging to the Khyber Pukhtoonkhawa Province. He belonged to that rare group of a select few whose skill in the form of his healing touch sometimes overshadowed his brilliance as a teacher and vice versa when his aptitude for teaching overcame his surgical prowess.

On laying the foundation for Gandhara University, Dr. Kabir did what every human with capabilities and abilities ought to do – and that is to serve the others. He dedicated each arm within the University to the loving memory of his family members, as he knew it to be the only way their names would live on forever not to forget the blessings their souls would be bestowed with. Now that Dr. Kabir himself is no more, his family serves the University to keep the flame burning and his passion alive!

We welcome your feedback & contributions  
Email us: [gandharanews@gandhara.edu.pk](mailto:gandharanews@gandhara.edu.pk)  
website: [www.gandhara.edu.pk](http://www.gandhara.edu.pk)



Gandhara University, Canal Road, University Town,  
Peshawar, Pakistan.  
Tel: 091-5844429-32, Fax: 091-5844428

### EDITORIAL TEAM

**Dr. Ismail Qamar**  
Associate Prof. Anesthesia  
**Fatima Daud Kamal**  
Knowledge Management  
**Dr. Zaineb Kabir**  
Administrator KMC & SBDC  
**Dr. Saira Afridi**  
Asst. Professor  
Preventive & Community Dentistry  
**Syed Tahir Shah**  
Medica Consultant

Editor-in-Chief

Consultant Editor

Editor

Editor

Layout & Design

And say:  
"My Lord! Bestow on them  
Thy Mercy even as they  
Cherished me in childhood".  
*Al-Quran, Prayer for parents (J.15, S.17, A.24)*

### OUR EDUCATION SYSTEM NEEDS DRASTIC REFORMS – Chief Justice



The Chief Justice Peshawar High Court, Mr Justice Dost Muhammad Khan joined the faculty and students of Gandhara University at the launching ceremony of their Annual Magazine "Gandhara-2012"

Mr Dost Muhammad spoke about the importance of education and its drastic lack in the country, specifically in the FATA regions of Khyber Pakhtoonkhaw. He said that during the last 60 years, not a single university has been established in that area which has a total population equal to almost half of the Province. He further added that the students from tribal areas ought to be able to go back to their villages and be able to work in their related fields, but lack of merit-based appointments, make it a difficult task.

The ceremony was arranged at the University's spacious lawn on a bright spring morning, with the faculty and

students in high spirits. The Chief Justice, citing the example of Gandhara University, said that in a very short span of time it has surpassed many public sector universities of the province which is commendable. He reminded the students that they have chosen a very noble profession, whose basic objective, purpose and aim is to heal the ailing community.

Mr. Justice Dost Muhammad also informed the audience that recently a Provincial Judicial Academy has been established for providing direly needed trainings to police, judges, lawyers as well as doctors (for preparing medico-legal reports) on the premises of the Judicial Complex.

The ceremony was marked by distribution of medals to the outstanding students of various classes. Shields for "Best Class of the year 2011" were awarded to 3rd year

BDS and 4th Year MBBS classes, while Prof Mumtaz Ahmad and Dr Imran Tajik were conferred with the "Best Teacher Award" for the year 2011. Later the Chief Justice unveiled the newly published magazine "Gandhara-2012" and distributed special crests to the members of the Editorial Board.

After the ceremony, a humorous poetry recital (Mushaira) was arranged in which eminent poets, Mr Anwar Masood, Dr Inaam ul Haq Javed, Mr Sarfaraz Shahid and Zafar Khan Zafari amused the audience with their wit.

The Mushaira was conducted by senior poet and writer, Dr Nazir Tabassam, The chief justice, Mr. Justice Dost Muhammad Khan, despite his busy schedule made it a point to stay with the students till the end to enjoy the renowned poets' brilliant sense of humour.



Best Teachers of the Year 2011



**Dr. Mumtaz Ahmad**  
(Principal Kabir Medical College,  
Professor Dept. of Forensic Medicine)



**Dr. Imran Tajik**  
(Head, Dept. of Orthodontics)

Outstanding students of the Year 2011

- Salman**  
Topped 1<sup>st</sup> Prof. MBBS-2011
- Sidra**  
Topped 2<sup>nd</sup> Prof. MBBS-2011
- Naddia Abid**  
Topped 3<sup>rd</sup> Prof. MBBS-2011
- Salma Rafiq**  
Topped 1<sup>st</sup> Prof. BDS-2011
- Humaira Jabeen**  
Topped 2<sup>nd</sup> Prof. BDS-2011
- Saira Bano**  
Topped 3<sup>rd</sup> Prof. BDS-2011
- Hassan Ali**  
Topped 1<sup>st</sup> Prof. Pharm-D (2011)
- Nadia Gul**  
Topped 2<sup>nd</sup> Prof. Pharm-D (2011)

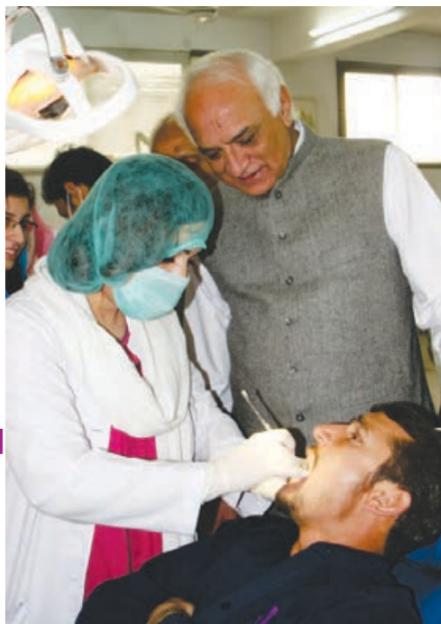
Best Classes of the Year 2011

- 3rd year BDS and  
4th Year MBBS

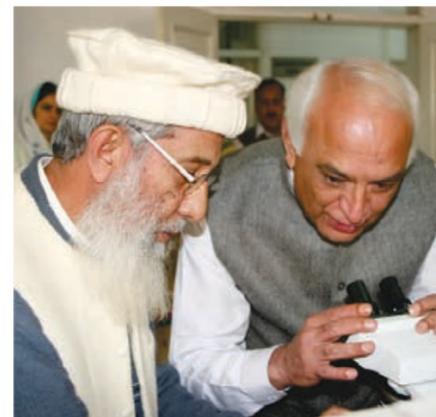
The Chief Secretary KPK Inaugurates Free Dental Camp



The Chief Secretary Khyber Pakhtunkhwa, Mr Ghulam Dastagir inaugurated the 17th Free Dental Camp at Sardar Begum Dental College and Hospital. The camp was scheduled for three days, from 19-21 March 2012. The Chief Secretary visited the entire hospital and showed a keen interest in various departments of the College and was delighted to see that there was no compromise regarding the authenticity of both the sterilisation and treatment techniques. He appreciated the efforts being put in by the



staff and students of SBDC in arranging such camps and said that this was a need of the day to provide free treatment to the poor



community who are already struggling for existence. Throughout his visit, Mr. Dastagir was accompanied by the faculty and management of the college. While visiting the departments, he showed great interest in the teaching facilities provided to the students especially the online library and emphasised upon the students to get full benefits from the facilities provided by the Gandhara University in order to become good future doctors.

Later, the Chancellor of Gandhara University, Mrs Roeeda Kabir presented the University Crest to the Chief Secretary. He also recorded his comments in the Guests Book.

18<sup>th</sup> Free Dental Camp

A full week (from 16-21 April 2012) was dedicated to the 18th Free Dental Camp at Sardar Begum Dental College and Hospital to provide free dental treatment, medicines and oral hygiene kits to the needy patients. This camp was a continuation of the social services started by (Late) Surgeon Muhammad Kabir, Founder of Gandhara University. Prof Rashid Ahmad Khan Tahirkheli, the Vice Chancellor of Gandhara University inaugurated the camp.

Patients coming from all walks of life were provided treatments which included fillings, root canal treatments, scaling and extractions, in the various departments of the College. The camp was made successful by



the efforts of all the staff and students of SBDC and various pharmaceutical companies.



HEC Delegation visits Gandhara University



A three member delegation from the HEC visited Gandhara University and took a tour of its campus on 14 April 2012. The delegation consisted of three members, Mr. Ghulam Mujtaba Kiyani, DG Finance, Mr. Fida Hussain DG, A&A, and Dr. Mohammad Mazhar Saeed. The delegation reviewed various facilities available at Gandhara University and approved the educational services being rendered.

Recognition of Gandhara College of Pharmacy

The Pharmacy Council of Pakistan has recently recognised the Gandhara College of Pharmacy for its Pharm. D program. In this regard an inspection team visited the college and afterwards awarded a no-objection-certificate, advising the college to continue imparting quality education.

The Principal of Gandhara College of Pharmacy, Dr. Haroon Khan, has also brought laurels to Gandhara University. His name has been included in the merit list of approved scientists/engineers as declared by the Pakistan Science Foundation. Dr. Khan has led a career of brilliance and it has always been apparent from his outstanding work ethics. He has set an exceptional example for the (pharmacy) students to aim for.

Appointments/Promotions in Sardar Begum Dental College

- **Dr. Tahir Ali Khan**  
Professor  
Dept. of Science of Dental Materials
- **Dr. Jawad Ahmed Kundi**  
Associate Professor, Oral & Maxillofacial Surgery
- **Dr. Muhammad Ismail Qamar**  
Associate Professor Anaesthesia
- **Dr. Nasir Mushtaq**  
Assistant Professor, Orthodontics
- **Dr. Sohrab Shaheed**  
Assistant Professor, Orthodontics
- **Dr. Amjad Naseer**  
Assistant Professor, Dept. of Science of Dental Materials
- **Dr. Saira Afridi**  
Assistant Professor, Preventive & Community Dentistry
- **Dr. Ruqaya Sana**  
Assistant Professor Preventive & Community Dentistry

Sardar Begum Dental College Peshawar (SBDC) provides opportunities of practical training in instructional strategy of learning through lectures, group tutorials, discussions, practical work in laboratories, fieldwork in community and libraries. SBDC has fully developed and well-equipped oral and Dental Hospital with modern facilities required for training of quality dental graduates. The institute is recognised by the Pakistan Medical and Dental Council, Islamabad.

Poster Competition

1st prize for the 1st year BDS students in a Poster competition by Dr. Tahir Ali Khan of Dept. of Science of Dental Materials.



3rd prize for a group of MBBS students of Kabir Medical College in a poster exhibition on flood disasters held by Peshawar Medical College.

Appointments/Promotions in  
Naseer Teaching Hospital

- **Dr. Amjad Naeem**  
Professor Department of Surgery
- **Dr. Abid Nawaz**  
Professor Dept. of Ophthalmology
- **Dr. Muhammad Arshad**  
Associate Professor Dept. of Medicine
- **Dr. Anjum Ara**  
Associate Professor Dept. of Gynaecology / Obstetrics
- **Dr. Aneela Ambreen**  
Associate Professor Dept. of Paediatrics
- **Dr. Waqar-ud-din**  
Associate Professor Dept. of ENT
- **Dr. Rifayatullah Afridi**  
Assistant Professor, Dept. of Paediatrics

Naseer Teaching Hospital (NTH) serves as a teaching hospital for undergraduate students of Gandhara University. Students are exposed to a variety of clinical material, and learn the basics of medicine in an academic environment. The doctors, nurses and paramedical staff of the hospital are trained in the primary trauma care course at the hospital that equips them with the skill to identify life threatening conditions following trauma and its treatment. NTH is one of the only charity hospitals in private sector that offers specialised test and treatment by experienced consultants.

**Wishing you all the Best**

**Dr. Shah Salman** has left for Malaysia to pursue a Masters degree and has been replaced by **Dr. Ahmed Abdullah Gandapur** incharge VIP Consultant Surgery (Sardar Begum Dental College & Hospital)

*"The young physician starts life with 20 drugs for each disease, and the old physician ends life with one drug for 20 diseases"*

*Sir William Osler, British Physician.*

Innovative Mini Dental Implants



A workshop on mini dental implants supported by 3M was held at SBDC on 13 April 2012. The mini implant is a revolutionary invention as it can hold a whole denture of the lower and upper jaw. The hands-on workshop was facilitated by Dr. Nasir Shah, Dr. Faisal Moeen and Dr. Abbas Naqvi (From 3M).

Workshop on SPSS and AMOS

A two day international online workshop on "Applied Quantitative Techniques and Data Analysis Using SPSS and AMOS" through web conferencing was organised from 24-25 February 2012. The workshop was facilitated by Dr Sohrab Shaheed. This was an applied course in statistics designed to provide concepts and methods of statistical analysis during the conduct of research for thesis/paper or research projects. Workshop methodology consisted of a case-study approach with examples to illustrate various statistical tests. The workshop helped understand techniques for summarising and presenting data, estimation, confidence intervals, hypothesis testing, modelling relationships and some multivariate techniques for the post graduate trainees in FCPS, MDS, MSc and M Phil. The training was held by the Research Center for Training & Development (RCTD), Lahore.



WORKSHOP ON  
FACULTY DEVELOPMENT

A workshop on faculty development was held from 12-13 December, 2012 for the teaching staff of Sardar Begum Dental College, Kabir Medical College and Naseer Teaching Hospital. The main objective of the workshop was to impart training in improvement of teaching methodology. It highlighted the importance of learning newer teaching techniques for imparting more efficient education. One faculty member from each department attended the workshop which ran for two days. Dr. Jawad Ahmed Kundi, Associate Professor of Oral and Maxillofacial Surgery, with his experience and research in teaching methodologies imparted the training in the capacity of a facilitator. At the conclusion of the workshop, certificates were distributed among the participants by the Chancellor Gandhara University, Mrs Roeeda Kabir.

Workshop on Dental Implants



A three day workshop on Dental Implants was held in collaboration with DIO Implants, Korea from 16-18 Dec, 2011 at Sardar Begum Dental College. The intensive workshop focused on "Dental Implantology and Guided Tissue Regeneration". It also covered introduction and surgical protocols as well as armamentarium to dental implants. The course directors were Dr. Jawad Ahmed Kundi and Dr. Syed Nasir Shah.

Teaching it right, early in life

The Bloomfield Hall School had an Occupation Day on 6th April, 2012. In this regard the school was visited by Dr. Saira Afridi and Dr. Sofia Kabir from the Dept of Preventive & Community Dentistry. The school children were instructed about oral hygiene and its importance in prevention of tooth decay. The children were most excited on being provided free dental hygiene kits containing a toothbrush and toothpaste and eagerly lent an ear to everything the doctors told them.



A Successful Operation



For the first time in SBDC, an Orthognathic surgery was carried out by a team of expert surgeons from the Departments of Orthodontics and Oral & Maxilo-Facial Surgery. The team included Dr. Shahid, Dr. Murad, Dr. Nazeer & Dr. Sohrab along with the Post-Graduate trainees. Being a general anaesthetic operation, it was conducted at Naseer

Teaching Hospital. "The operation has changed my life. Having a receding upper jaw had made me reclusive and extremely shy. Now I feel like laughing all the time", said the overjoyed patient Abrar Baig. The patient was last seen celebrating his full recovery and a new upper jaw with his doctors, with sweets to share with all at the hospital.

Appointments/Promotions  
in  
Gandhara College of  
Pharmacy

- **Dr. Haroon Khan**  
Professor
- **Dr. Rifat-uz-Zaman**  
Professor
- **Dr. Inayat-ur-Rehman**  
Associate Professor
- **Mr. Salar Muhammad**  
Assistant Professor

Gandhara College of Pharmacy was established in 2000. It aims to improve the quality of pharmacological technology and to over all assist the rapidly growing pharmaceutical industry. Since its establishment it has been giving the highest standard of education to local and overseas students in this field. It has been recognised by the Pharmacy regulatory authority. The Gandhara College of Pharmacy, Peshawar offers an undergraduate course in Pharma-D, extended over a period of 5 years. The course is designed to equip students with knowledge, skills, attitudes and behaviour necessary to understand and influence

Appointments/Promotions in  
Kabir Medical College

- **Dr. Syed Mukhtar Ali Shah**  
Professor, Pathology Dept.
- **Dr. Riaz Gul**  
Associate Professor  
Dept. of Community Medicine
- **Dr. Nighat Musa**  
Assistant Professor  
Dept. of Community Medicine

Kabir Medical College is the first medical college established in the private sector (October 1995) at Peshawar. It comprises of Basic Sciences Department, (Roeeda Kabir Basic Medical Sciences) and Clinical Sciences Department (Naseer Teaching Hospital). Both departments are equipped with sophisticated electro-medical equipment. The College has been recognised by the Pakistan Medical and Dental Council (PMDC), and enlisted in the International Medical Education Directory (IMED) ECFMG (U.S.A). v

## Appointments/Promotions in Town Teaching Hospital

- **Dr. Abdul Wahab**  
Assistant Professor, Surgery
- **Dr. Mahjabeena S. Ghayur,**  
Assistant Professor,  
Gynaecology/Obstetrics

Town Teaching Hospital is the latest addition to the Gandhara University. Currently set up in a leased building, the hospital has been started to serve the residents of the nearby localities. The surrounding area of the Gandhara University comprises many poor households for whom choices have sprung up in the form of the Sardar Begum Dental College and the Kabir Medical College, and now Town Teaching Hospital is the latest 250 bedded, fully equipped hospital

- Doubt is a pain too lonely to know that faith is his twin brother.
- Faith is a knowledge within the heart, beyond the reach of proof.
- A little knowledge that acts is worth infinitely more than much knowledge that is idle.
- Advance, and never halt, for advancing is perfection and do not fear the thorns in the path, for they draw only corrupt blood.

Jibran Khalil Jibran

## Youtube and Us!

Have you seen us on youtube? From a colourful Sports Gala, Anwar Masood's poetry, The Student Diaries, music, video, Japanese calendars exhibition, to skits and prize winning short film – it is all there for you to see. Just enter "Gandhara University" on Youtube.

## The Advent of Spring . . .

*... brings out the restless soul. Hence a whole week was dedicated to sports events, with a variety in team structure: MBBS vs. BDS, students vs. faculty, female students vs. female staff and male students vs. male staff.*

## Sports Gala-2012



A Sports Gala was arranged from 20-25 March 2012 at Gandhara University by the Gandhara Sports Society. The inaugural ceremony was full of vivid colours and excitement. The Vice Chancellor Gandhara University inaugurated the event. The Sports secretary presented the annual report mentioning the achievements of the students in various sports. The Vice Chancellor in his address stressed upon the



importance of co-curricular activities and their positive effects manifested through one's education. The students participated in various matches of Cricket, Football, Badminton, Table Tennis, Netball and Tug of War in a very friendly atmosphere. Prizes were distributed among the winning teams by Prof Mumtaz Ahmad (Principal Kabir Medical College), Prof Shaheed Iqbal (Principal SBDC) and Mrs Roeda Kabir (Chancellor Gandhara University).



*After the fun and frolic, everyone wished to admire the beauty and the sweet scent of flowers whiffing in from the Gandhara lawns as well as the intoxicating spring weather in the Peshawar skies. The whole month of March and April has been full of spring showers and blessed beautiful blue sky. With such a mood beset in the campus, another week dedicated to the literary side of life began....*

## Literary Week

The Literary activities were carried out from 5-7 March, 2012 with Qira'at and Naat competitions, English, Urdu and Pushto debates. These were followed by Quiz, Painting and Photography competitions. Famous TV artists, Mr. Salah ud Din and Mr. Iftikhar Qaisar were the judges for the movie and skit competition and later they amused the audience with their performance. The theme of the week was the old city of Peshawar to which Prof. Muhammad Kabir (founder) himself belonged. The whole week saw the main halls of the University decorated with poignant pictures of the Peshawar walled city and its inhabitants, depicting centuries of traditions.

Nearly every student participated to the fullest in the events held for their enjoyment and intellectual nurturing. The events ended with a prize distribution ceremony.



## Mehfil-e-Milad for Ladies

A Mehfil-e-Milad was held by the Character Building Society for the female students at Kabir Auditorium on 11 February 2012. Eminent poetess Mrs. Bushra Farrukh, along with the students of Gandhara University spellbound the audience with her melodious voice and heart-wrenching prayers.



## Laughter is the Best Medicine

Eminent poets Mr Anwar Masood, Sarfaraz



Shahid, Dr. Inam ul Haq Javed and Pushto poet Zafar Zafari brought life to the Gandhara 2011 magazine launch ceremony held on 10th March 2012. Being the finale of the occasion, the witty poetry recitals by poets of national and international repute were a joy to all. Even though the loss of Urdu literature amongst the young generation is lamentable, yet it was heartening to see the students laughing and immensely enjoying everything the poets

## Japanese Calendar Exhibition

The Embassy of Japan in Pakistan and the Pakistan Japan Cultural Association, Khyber Pakhtoonkhawa, arranged a Japanese Calendar Exhibition 2012 at Gandhara University, Peshawar, from 18th January to 21st January, 2012. The exhibition marked the 60th anniversary of diplomatic relations between Japan and Pakistan. Inaugurated by the Minister for Higher Education KPK, Qazi Muhammad Asad, the exhibition was open from 9:00 am to 1: 30 pm daily for the students and guests.



The Japanese Calendar Exhibition is an annual cultural event and is very popular among the people of Pakistan. This year around 128 calendars were put on display in a very artistic manner by Dr Ismail Qamar. The calendars portrayed various subjects such as contemporary and traditional art, cultural symbols, peoples and the world-famous Japanese gardens. Every calendar proved



itself to be a celebration of all that is art and science within the socio-cultural development of Japan spread over centuries, and it also exhibited the aesthetic features of artists from that land of the sun.



## Dear Editor,

The day I realised I wanted to become a doctor was the day my father died. I was only 14 at that time and at that tender age, was full of dreams... But the dreams had always comprised of my father taking pride in me and somehow that dream had just shattered. I always wondered if his having a massive killer heart attack just 5 mins away from the biggest hospital of the country, was a sign, a sign that nothing is in one's hands and that even the best, most able doctors could not have saved him. Such is the power of the Almighty and in that lies his majesty and benevolence as well. Benevolence because look at me today: I thought I would die when I saw his body but I lived; I thought life's beauty would fade out for me but it hasn't – on the contrary it has bloomed further and has sparked that certain flame wanting me to serve humanity.

I worked and studied hard in the Pre-Medical examinations. De-moralising words did get to reach my ears however much my mother would try to drive them away: words such as 'you can never get through to a medical college, you don't have what it takes', 'only the off-springs of doctors can gain admission', 'even if you achieve the marks, the entry test would break you'. People can turn into the cruellest animals on this planet as well as angels incarnate, two sides of the same coin, choosing between the two makes a human.

A day came when I entered the Kabir Medical College wearing an overall and a stethoscope! What joy, it was much later I realised that wearing the said garb has to be earned rather than so lightly tossed on oneself. Later on, it took nights upon nights of seemingly endless duties in the medical ward to earn that white overall's respect and the stethoscope's skill. Sometimes tragic nights and days when it was exceedingly hard not to cry helplessly in front of the patient's worried family and sometimes happy mornings when the patient her/himself would flash a bright, sunny smile and all would be well. It was a journey of compassion, caring and ultimately, of personal growth.

My father could not be saved, he was here one second and gone the next. But in his passing away, a certain life sprung up in me urging to try my best – whether it is to attain one's dream or to try to save a life!

All the Best,